



# GRACIE BARRA JEFFERSON CITY CLASS SCHEDULE

MON

MAT 1 MAT 2

12:00 PM  
**GB 1**  
ALL LEVELS

4:30 PM  
**GB K**  
LC 1

5:15 PM  
**GB K**  
LC 2

6:00 PM  
**GB K**  
JUNIORS/TEENS

7:00 PM  
**GB 1**  
ALL LEVELS

TUE

MAT 1 MAT 2

6:00 AM  
**GB 1**  
ALL LEVELS

12:00 PM  
**GB 1**  
ALL LEVELS

2:00 PM  
**GB K**  
HOMESCHOOL

5:15 PM  
**GB K**  
LC 1

6:00 PM  
**GB K**  
LC 2

7:00 PM  
**GB 1**  
ALL LEVELS

5:15 PM  
**GB K**  
LC 2

6:00 PM  
**GB K**  
JUNIORS

WED

MAT 1 MAT 2

12:00 PM  
**GB 1**  
ALL LEVELS

4:30 PM  
**GB K**  
LC 1

5:15 PM  
**GB K**  
LC 2

6:00 PM  
**GB K**  
JUNIORS/TEENS

7:00 PM  
**GB 1**  
ALL LEVELS

THU

MAT 1 MAT 2

6:00 AM  
**GB 1**  
ALL LEVELS

12:00 PM  
**GB 1**  
ALL LEVELS

2:00 PM  
**GB K**  
HOMESCHOOL

5:15 PM  
**GB K**  
LC 1

6:00 PM  
**GB K**  
LC 2

7:00 PM  
**GB 1**  
ALL LEVELS

8:00 PM  
**GB 1**  
JUDO

5:15 PM  
**GB K**  
LC 2

6:00 PM  
**GB K**  
JUNIORS

FRI

MAT 1 MAT 2

6:00 AM  
**GB 1**  
ADULTS NO GI

12:00 PM  
**GB 1**  
ADULTS NO GI

5:15 PM  
**GB K**  
KIDS NO GI 7+

6:00 PM  
**GB 1**  
ADULTS NO GI

7:00 PM  
**GB 1**  
LIVE TRAINING

SAT

MAT 1 MAT 2

9:00 AM  
**GB K**  
COMPETITION 7+

10:00 AM  
**GB K**  
LC 1 & LC 2

11:00 AM  
**GB 1**  
ALL LEVELS

SUN

MAT 1 MAT 2

**GB K**

LC 1 (Little Champions 1) 3-6 Years Old

LC 2 (Little Champions 2) 7-9 Years Old

Juniors 10-12 years old

Teens 13-15 years old

**GB 1**

Adults - All Levels

**GB 2**

Adults - White Belt 3 Stripes and Up

**GB 3**

Adults - Blue Belt and Up